

WC Division of  
Aging & Disability  
Services  
1-877-222-3737  
908-475-6591

# NOVEMBER

## Warren County Community Senior Center 2024 North Warren Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
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					<b>ROSEMARY</b> 
	4	5	6	7	8
	YOGA WITH LIZ 11AM	<b>Holiday-Closed</b> 	<b>Games/Hangman/ Trivia Day</b>	 Senior Services Presentation with Regina 11-12 noon	Bring a friend or family member to lunch. Don't forget to order their meal
	11	12	13	14	15
	<b>Holiday-Closed</b> 		 Senior Services Presentation follow up with Regina 11-12 noon	<b>ZUMBA WITH SANDY</b> 11 AM	<b>CHRONIC PAIN</b> 11-12 noon 
	18	19	20	21	22
	YOGA WITH LIZ 11AM		November Gift Card raffle  Gisela Singing	 Preventative Services Presentation with Jess 11-12 noon	<b>CHRONIC PAIN</b> 11-12 noon 
	25	26	27	28	29
	YOGA WITH LIZ 11AM		<b>Games/Hangman/ Trivia Day</b>	<b>Holiday-Closed</b> 	<b>Holiday-Closed</b>

New & Notices

**North Warren  
Community  
Senior Center**  
(Knowlton's Lion's Den)  
505 Rte 94  
Columbia, NJ  
908-496-4001

**Virtual  
Exercise is  
available via  
zoom call  
908-475-6591  
for more info.**

